

## Colon-Rectal Surgery Associates,P.C.

1255 S. Cedar Crest Blvd., Suite 3900 Allentown, PA 18103

Phone (610)402-1095 Fax (610)435-5003

Linda L. Lapos,M.D. John S. Park,M.D.

Mikhail I. Rakhmanine,M.D. Robert J. Sinnott,D.O.

### INFORMATION AFTER PROCEDURE:

### RESULTS OF YOUR EXAMINATION:

- \_\_\_\_\_ Complete exam, normal
- \_\_\_\_\_ Polyp(s) found and removed. Report will be available in about one week.
- \_\_\_\_\_ Biopsy taken. Report will be available in about one week.
- \_\_\_\_\_ Examination normal, but entire colon not seen. Further studies may be necessary.
- \_\_\_\_\_ Other \_\_\_\_\_

### INSTRUCTIONS:

1. The medication may cause drowsiness for several hours. **Do NOT drive or operate machinery** for at least the remainder of the day.
2. Because of the air put into the colon during the examination, you may experience some abdominal distention, relieved by passage of gas, for several hours.
3. You may resume your regular diet and avoid strenuous exercise after the examination unless instructed otherwise. It is advisable to eat lightly for a few hours until any feeling of bloating is past.
4. Please contact our office if you have any of the following problems:
  - **Excessive Rectal Bleeding**
  - **Persistent Abdominal Pain**
  - **Fever or Chills**

### MEDICATIONS:

5. You may resume your regular medication. However, if a polyp was removed, **DO NOT take aspirin or aspirin containing compounds for \_\_\_ days**, unless other arrangements have been made.
6. New medication or doses: \_\_\_\_\_
7. Other \_\_\_\_\_
8. Call 610-402-1095 if you have any problems or questions.